

# Well child checkups and immunizations are important, especially now!

Remember to visit your doctor for a checkup at least once a year. Visit your Dentist every 6 months for dental checkup.

**Contact your child's physician today to learn about important vaccinations, including the flu vaccine!**

## **Do you need insurance?**

Apply for TennCare or CoverKids.

It's FREE health insurance! Visit [tenncareconnect.tn.gov](http://tenncareconnect.tn.gov) to apply online. Or call 1-855-259-0701 to apply by phone.

For other insurance options visit [healthcare.gov/get-coverage](http://healthcare.gov/get-coverage)



## **Tennessee Chapter**

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American Academy of Pediatrics  
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